



CYCLING AND WALKING IN ÄLMHULT MUNICIPALITY

ÄLMHULT
HOME OF
THE HOME

CONGRATULATIONS!

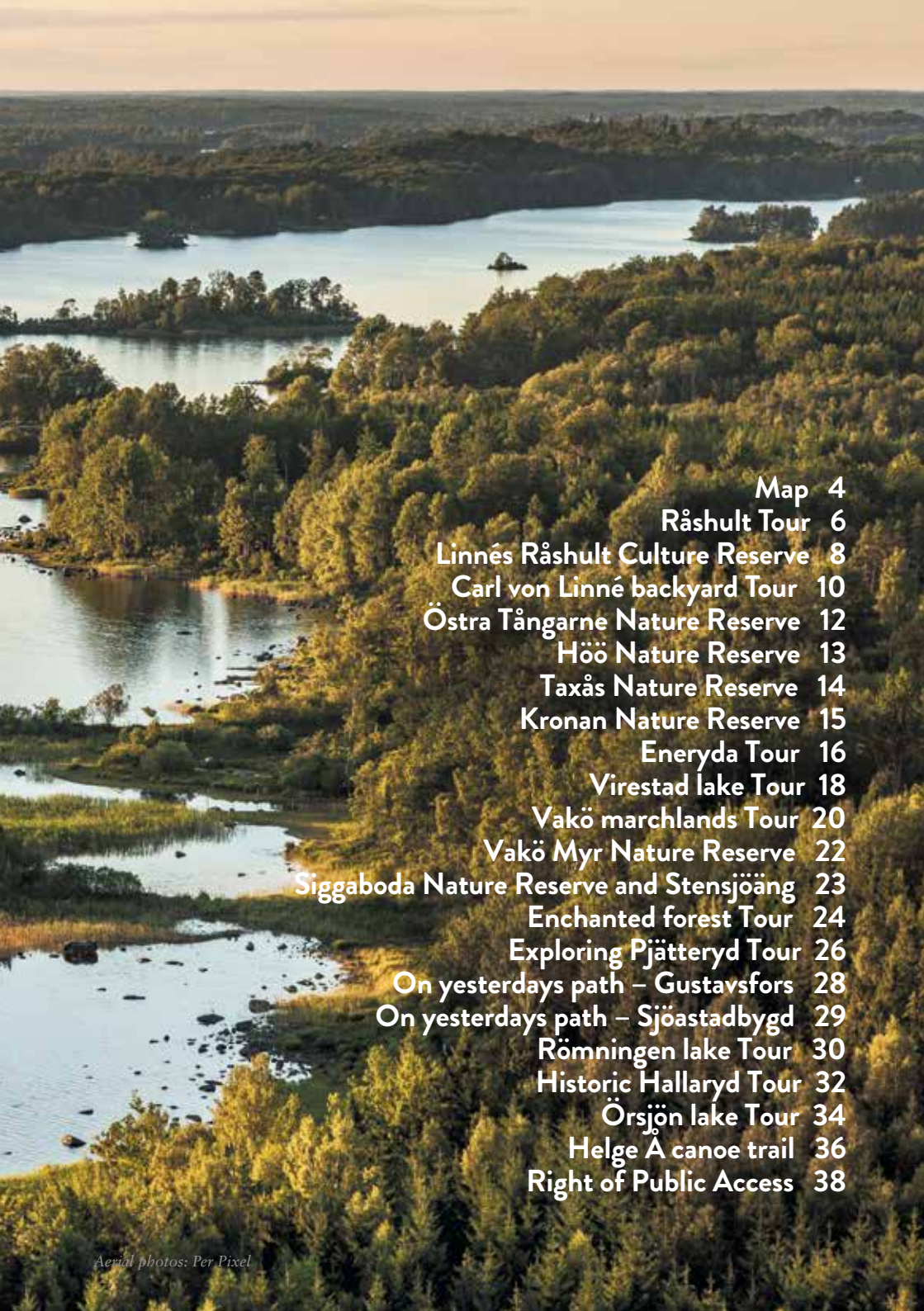
Do you enjoy being in the great outdoors? Do you want to experience the genuine Småland countryside by bike or on foot? Then you've definitely come to the right part of the world! Älmhult Municipality has plenty to explore, with many idyllic spots waiting to be discovered.

In your hand is a guide that – combined with a good bike and some comfortable footwear – will provide you with some great experiences and memories. We've put together information about beautiful locations that are best explored on a cycling or walking tour. We hope you're inspired to head outdoors and discover different aspects of our beautiful municipality.

Find more bicycling and hiking trails at naturkartan.se/almhult!



Welcome to
Älmhult
– Home
of the home

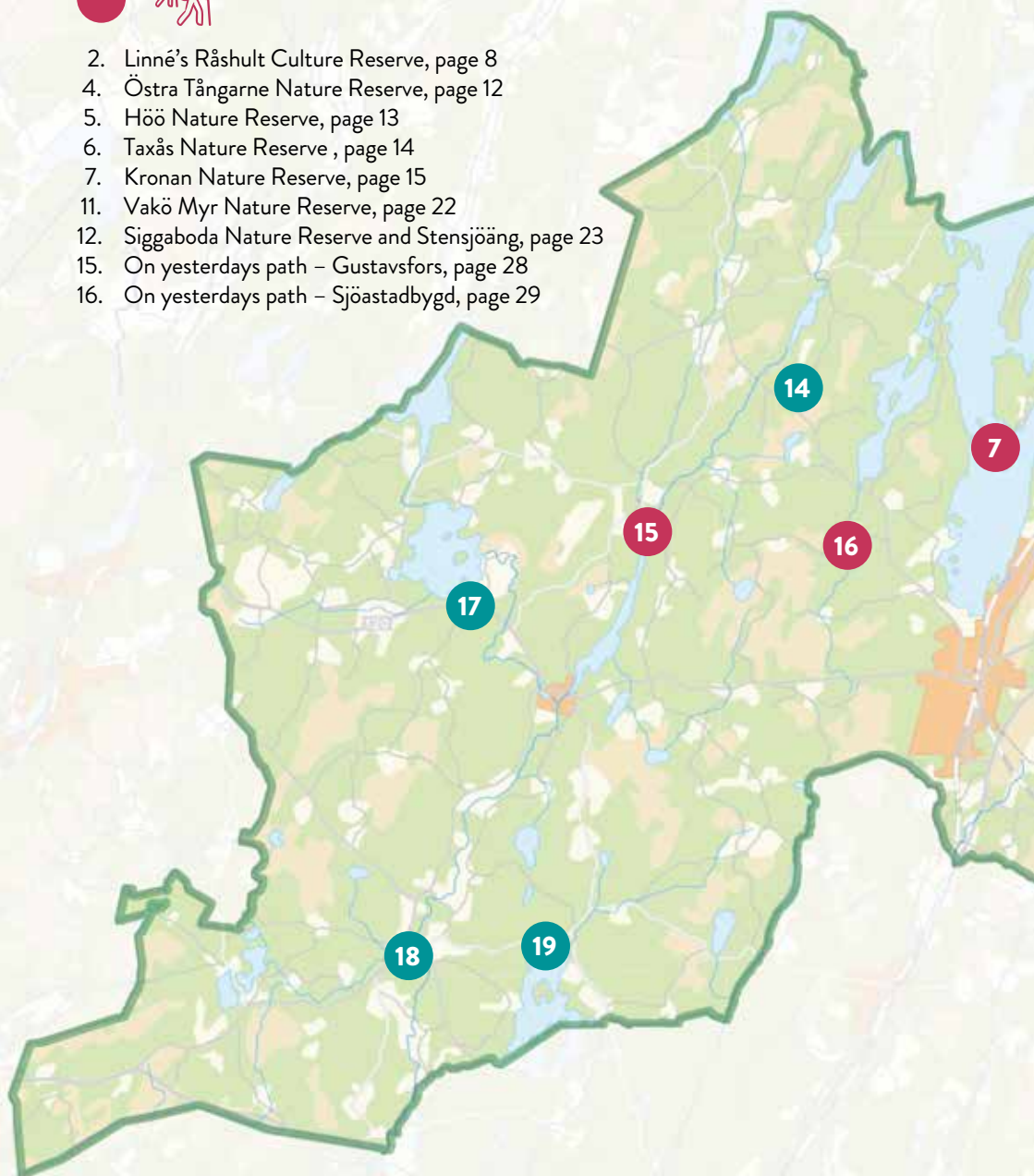


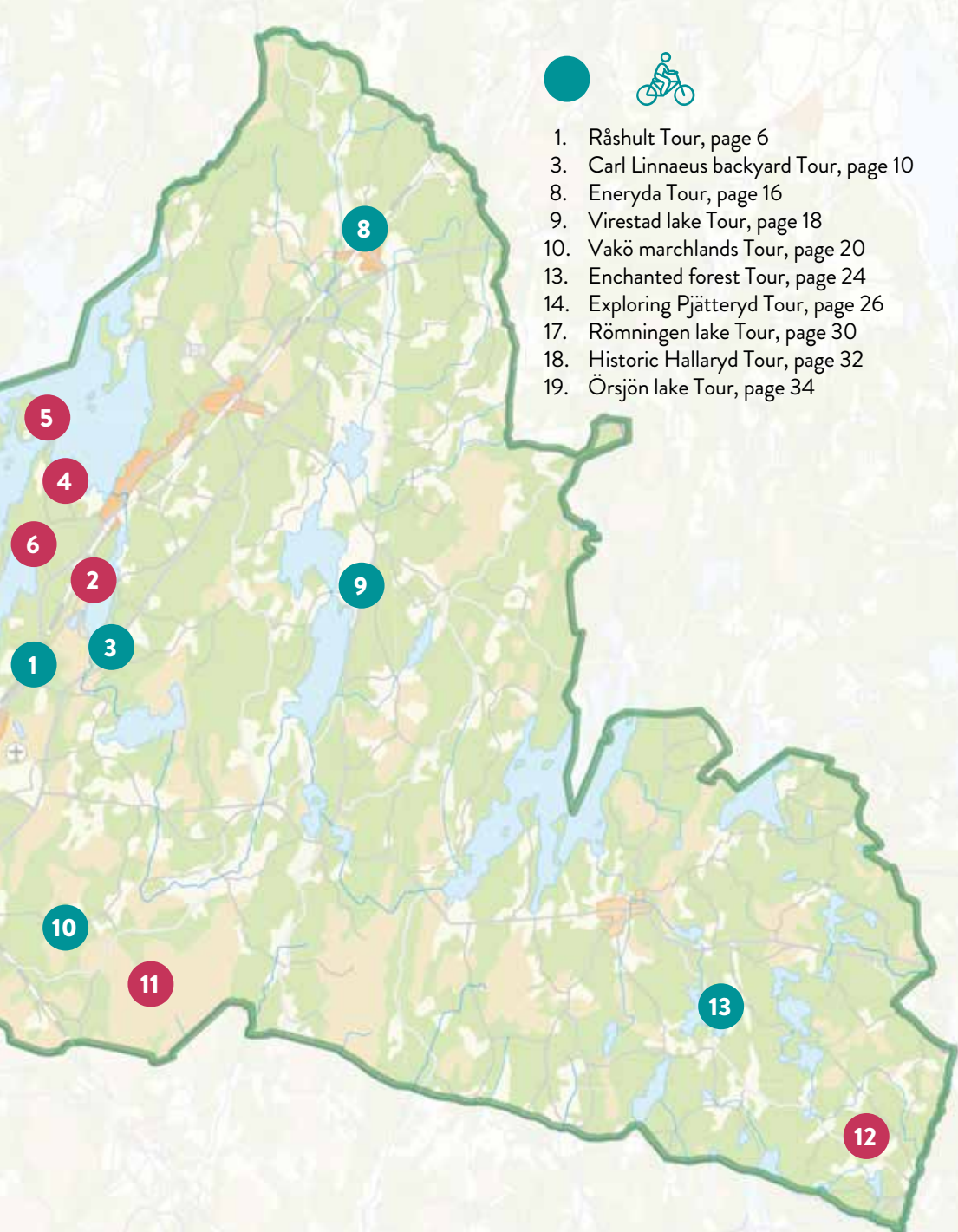
Map	4
Råshult Tour	6
Linnés Råshult Culture Reserve	8
Carl von Linné backyard Tour	10
Östra Tångarne Nature Reserve	12
Höö Nature Reserve	13
Taxås Nature Reserve	14
Kronan Nature Reserve	15
Eneryda Tour	16
Virestad lake Tour	18
Vakö marchlands Tour	20
Vakö Myr Nature Reserve	22
Siggaboda Nature Reserve and Stensjöäng	23
Enchanted forest Tour	24
Exploring Pjätteryd Tour	26
On yesterdays path – Gustavsfors	28
On yesterdays path – Sjöastadbygd	29
Römningen lake Tour	30
Historic Hallaryd Tour	32
Örsjön lake Tour	34
Helge Å canoe trail	36
Right of Public Access	38

CYCLE, WALK OR BOTH?



- 2. Linné's Råshult Culture Reserve, page 8
- 4. Östra Tångarne Nature Reserve, page 12
- 5. Höö Nature Reserve, page 13
- 6. Taxås Nature Reserve, page 14
- 7. Kronan Nature Reserve, page 15
- 11. Vakö Myr Nature Reserve, page 22
- 12. Siggaboda Nature Reserve and Stensjöäng, page 23
- 15. On yesterdays path – Gustavsfors, page 28
- 16. On yesterdays path – Sjöastadbygd, page 29





1. Råshult Tour, page 6
3. Carl Linnaeus backyard Tour, page 10
8. Eneyda Tour, page 16
9. Virestad lake Tour, page 18
10. Vakö marchlands Tour, page 20
13. Enchanted forest Tour, page 24
14. Exploring Pjätteryd Tour, page 26
17. Römningen lake Tour, page 30
18. Historic Hallaryd Tour, page 32
19. Örsjön lake Tour, page 34



RÅSHULT TOUR, 24 KM

The route from central Älmhult to Råshult, birthplace of Carl von Linné (Carl Linnaeus), is a varied and easy cycle ride. There are then several options to discover fantastic countryside by bike or on foot.

The cycle trail between Älmhult and Råshult is a signed route along quiet paved roads, cycle paths and forest tracks. Start at Älmhult station (1) and cycle north alongside the railway line. In Möckeln, you'll cycle under the railway and on a hot day you can stop off at Möckeln's lovely beach (2). In Sällhult (3), you can stop and talk to the cows. Cross Road 600 and continue north on forest and gravel tracks all the way to Råshult. Note that you're cycling on an old gravel ridge, known as an esker, and don't forget to enjoy the wonderful

broadleaf forest and the proximity to the water (4). You'll also cycle past fields with delightful Småland round-pole fences at Stenbrohult Nature Reserve (5). When you reach Linné's Råshult (6), you can enjoy lunch and home baking in the KRAV-certified organic garden café. The dotted trail is an alternative unsigned route back to Älmhult. This takes you via the beautiful bridge Săganäsbron (7), Săganäs campsite (8), rocky outcrops that reveal the diabase-heavy bedrock in the area (9) and Älmhult golf course with its restaurant (10).





Möckeln

Möckelsnäs

Mjölnearegården

Naturres.

Krunan

Naturres.

Ekudden

Naturres.

Stockanäs

Naturreservat

Nybo

Åsen

Kansllet

Nabben

Björkholmen

Brännhult

Hålskogen

Sånnaböke

Sånnaböke mosse

Flygfält

Golfbana

Avfallsanl.

Björkelund

Kyrke

Froafälle mosse

L. Idhult

0 1000 m

Stenbrohult

Diåknabygd

Naturreservat

L. Stenbrohult

Saganässjön

Borshult

Södrälund

Helge å

Bergåkt

Sjögård

Smedtorpet

Nyatorp

Nybygden

Borön

Björkelund

Myrön

Nybygden

Nygård

Högadal

Lindö

Möckeln

Näset

Småbåts-
hamn

Gemön

Älmshult



LINNÉ'S RÅSHULT CULTURE RESERVE

Råshult became Sweden's tenth culture reserve in 2002. The purpose of the reserve is to preserve and bring to life the early 18th-century farming landscape here in the birthplace of famed naturalist Carl von Linné (Carl Linnaeus).



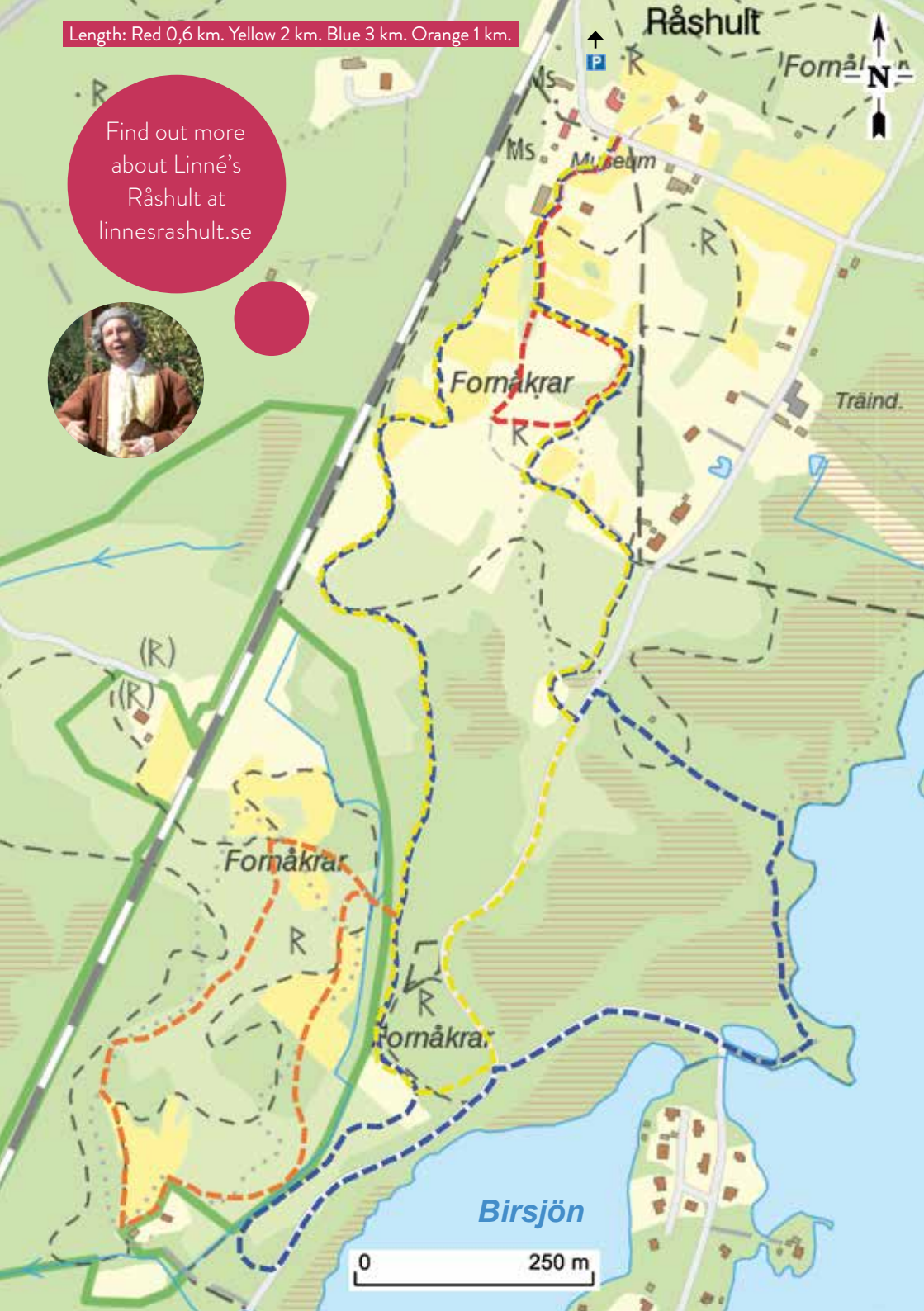
Photo: Per Pixel

In Råshult you can see for yourself how people farmed in the 18th century. Covering 42 hectares, the culture reserve encompasses a farm, fields and outlying land bordering Såganässjön lake. There are marked paths across the reserve that you must keep to. In the summer you can get a coffee or lunch at the KRAV-certified organic garden café, which also has

a small shop. You can even take a guided tour with Carl von Linné himself. Råshult is a beautiful and unique landscape that offers three culture trails all year round. Next to the culture reserve lies Stenbrohult Nature Reserve, with its adjacent path (orange). Entry to the culture reserve is free, but if you enjoy your visit you are invited to give a donation.

Length: Red 0,6 km. Yellow 2 km. Blue 3 km. Orange 1 km.

Find out more
about Linné's
Råshult at
linnesrashult.se





CARL LINNAEUS BACKYARD TOUR, 26 KM

A varied route that is easy to cycle, taking you through attractive countryside packed with history. Seven nature reserves and a culture reserve on one cycle trail must be a record, surely?

One suggestion is to start at Linné's Råshult (1) with its unique cultural landscape and garden café. Cycle east and enjoy the beautiful bridge over Såganässjön lake (2). Here you might see canoeists on the Helge Å canoe trail. In Såganäs you'll find a beach and canoe stop (3). Continue north through the Småland countryside until you reach Diö. Here you'll find Diö Pizzeria (4), the Funkis-fabriken (5), a former factory, now an art space, and the old Diö station building (6). From Diö, the route heads west towards the farmland of Östra Tångarne (7). Continue even further out to Höö Nature Reserve (8). Höö preserves the old haymaking traditions and is a haven for flora, read more on page 13. Cycle back and continue south for a shortcut to Stenbrohult. On the bend, where there are three birdboxes on a small barn, the shortcut heads off

on a forest path that you may need to walk your bike along (9). Once in Stenbrohult, cycle west towards Möckelsnäs. On the way, you'll pass Taxås Nature Reserve (10), read more on page 14. The wonderful manor house in Möckelsnäs (11) is said to date back to the 14th century and could be the ideal place to recharge your batteries amongst the relaxing manorial splendour. Accommodation, food and coffee are offered here. Take the beautiful route back and be extra careful about the traffic between Stenbrohult and the railway bridge. A beautiful detour through Stockanäs nature reserve (12) takes you down to Sällhult. You may need to walk your bike along some stretches here. Take Getaryggarna (13) back to Råshult or follow the signed Råshult Tour south to Älmhult (8 km).



Photo: Alexander Hall







ÖSTRA TÅNGARNE NATURE RESERVE

The nature reserve, located west of Diö on the road to Höö, comprises solid ground, marshland, a long shoreline and part of Möckeln lake. The lake's varying water level creates a habitat for many rare plants and animals here.



Photo: Henrik Palmberg

The shoreline forest on the way to Möckeln has an abundance of decaying wood, since there is a difference of 1.5 m between high and low water. In the flood zone you can see the rare and endangered *Dichelyma capillaceum* moss. Dense, dark pine stands have been removed to allow a new gene-

ration of broadleaf trees to become established. The pasture is therefore a mix of open and slightly more overgrown sections with broadleaf trees and bushes such as oak, lime, maple and hazel. This mixed pasture is important for several small species of butterfly.



HÖÖ NATURE RESERVE

In fact, Höö is one of the most diverse wildlife environments in Småland. The landscape is a mosaic of meadows, fields, pasture and broadleaf forest. Höö is an island linked to the mainland by a bridge. The shores of Möckeln lake offer great opportunities for rambling and enjoying the great outdoors.

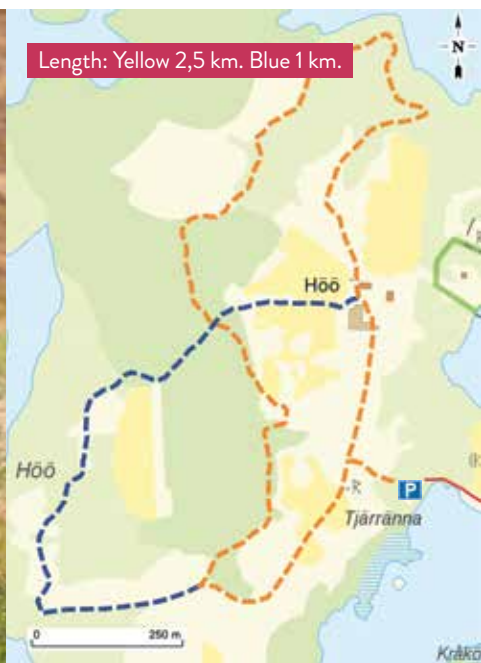
Höö gets a mention in King Gustav Vasa's census from 1553. The site has probably been settled since the Middle Ages. When other farmers stopped the old tradition of haymaking on the meadows, the Hörberg family, who have farmed in Höö for generations, continued the practice. This has kept the meadow flora and fauna alive so you can enjoy the stunning floral display. You can stay at the farm and if you're lucky there may be local meat for sale,

read more at sagolikahoo.se. The meadows and fields are located on the eastern half of the island, where nutrient-rich soil runs along a seam of diabase rock. The broadleaf trees and many herbs also prefer this area. The diabase hills are bordered by steep slopes that, in places, become proper cliff faces. Because of the unique flora on Höö, the Right of Public Access doesn't apply. There are special rules for this area – read the information signs in the nature reserve car park!



On Höö
you can see
cowslips, a
protected
flower!

Photo: Alexander Hall





TAXÅS NATURE RESERVE

One of the features of Taxås Nature Reserve is Taxås Klint. This hill overlooking Möckeln lake is perfect for a picnic.

In the broadleaf forest and old farmland of Taxås you'll find rare flowers such as *Anemone hepatica*, *Yellow Star-of-Bethlehem*, *Chrysosplenium alternifolium*, *Corydalis intermedia* and *Lathyrus vernus*. The northern path passes by a stone cist near the barn. The path then leads you up to Taxås Klint, 30 m above

the lake, with its panoramic views. To the right of the cliff there are steps down to the beach, where you'll find remains of ancient quarrying and the old harbour. The southern farmland, where the second path runs, was previously a meadow. In spring the fields turn white with the blossom of the many large bird cherry trees.



KRONAN NATURE RESERVE

Walking through Kronan is special, with the canopy of broadleaf trees creating a mystical, fairytale feel. It may be that the strong light from the lake takes the experience to another plane. Destination Möckelsnäs is located right next-door and serves coffee on the terrace, right on Möckeln beach.

Kronan is an area of broadleaf woodland lining the shore of Möckeln lake. Like many of the area's other nature reserves, this is a diabase ridge with special conditions for flora. The highest point stands 30 m above the level of the lake. Large parts of Kronan used to be meadows, with the occasional arable field. Broadleaf

trees have always grown on the slopes. Today the forest of oak, hornbeam, lime and hazel has once again taken over the whole of Kronan. The nature reserve has a walking trail and on the other side of the car park lies Möckelsnäs Nature Reserve, which has no marked paths but is still a beautiful expanse of deciduous forest.



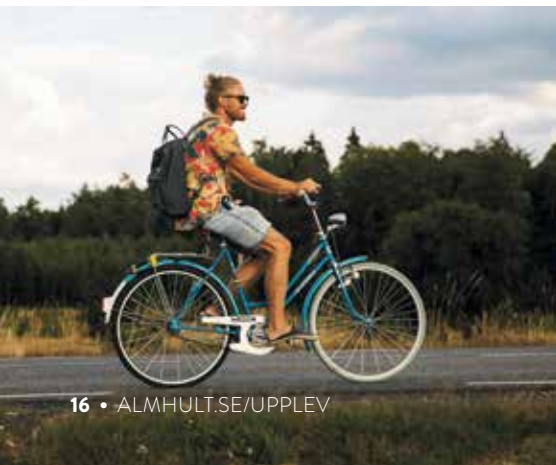


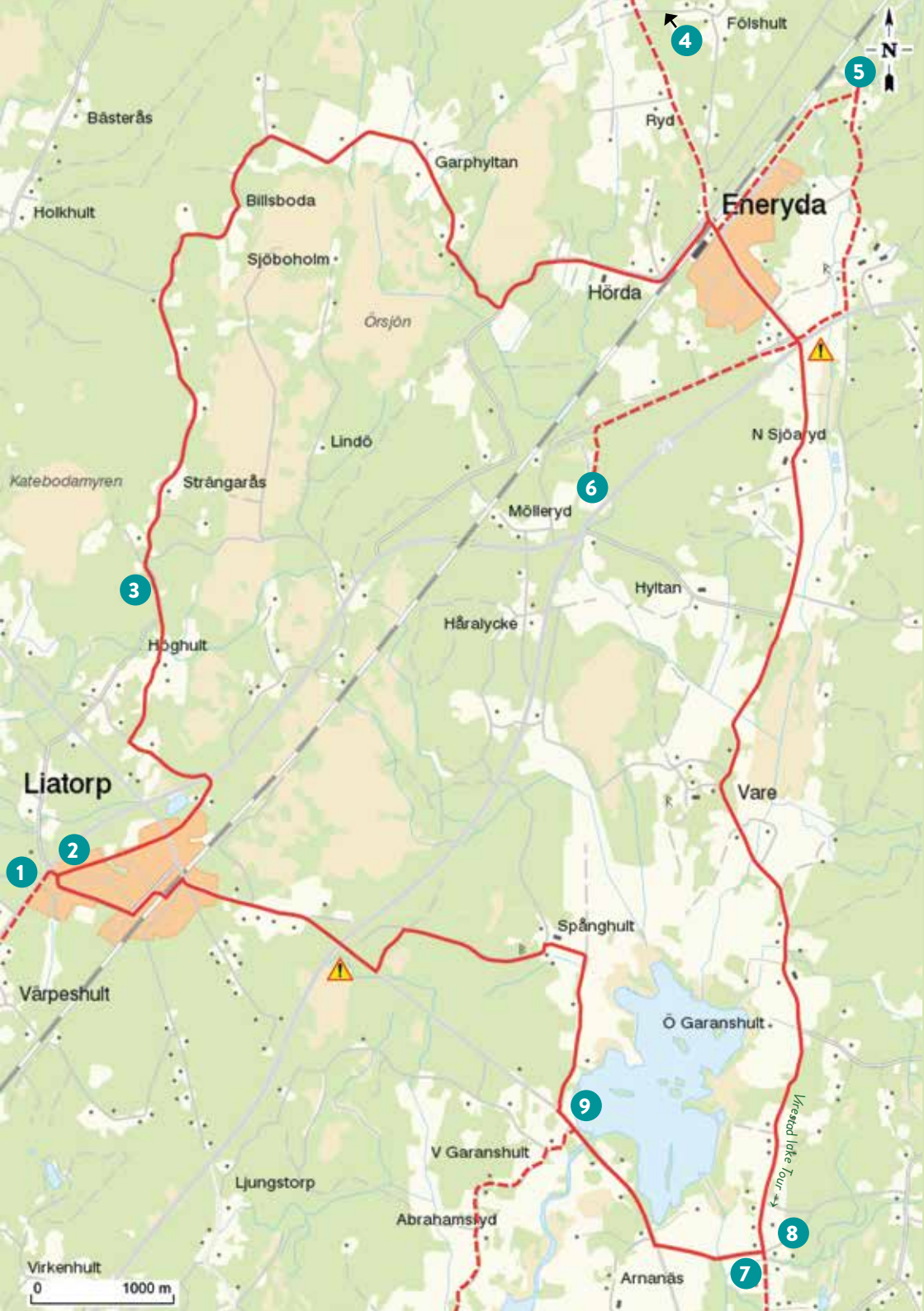
ENERYDA TOUR, 26 KM

The railway came to Älmhult Municipality in 1862, allowing Energyda, Liatorp, Diö and Älmhult to grow into the places they are today. The main road of the time followed more or less the same route as the E4 motorway does now. The railway was brought here to simplify transport for the forest and stone industries that existed to the east.

A cycle path links the former station communities of Diö and Liatorp (1). If you're coming from the south, you may want to stop off at ICA Nära in Liatorp (2) to stock up on food supplies for your cycling trip. North of Höghult (3) there is an area dominated by broadleaf trees that is awash with wood anemones in the spring. If you take the dotted route north from Ene-ryda (4), after 4 km you'll reach Lille Petter Johan's cottage, which is worth a detour or a trip in itself. Follow the sign for "Hembygdsstuga". This was home to a 19th-century shoemaker who was just 130 cm tall (4 foot 3) and had his cottage adapted accordingly.

There are two mills that you can visit along the way: the mill in Bräkenryd (5) and Kronogårds Kvarn (6), which was built back in 1795. Carefully cross Road 23 and continue south towards Virestad through the rural countryside. Eventually you'll reach the smithy in Kvarnatorp (7) and Kvarnavallen (8), where the local football team plays. The old smithy is still used for special events. You can enjoy a guided tour of the smithy and the mills by members of Virestad Rural Heritage Association, see hembygd.se/virestad. Continue towards Liatorp, passing Garanshultasjön lake (9). In spring, the area is a birdwatching hotspot.







VIRESTAD LAKE TOUR, 26 KM

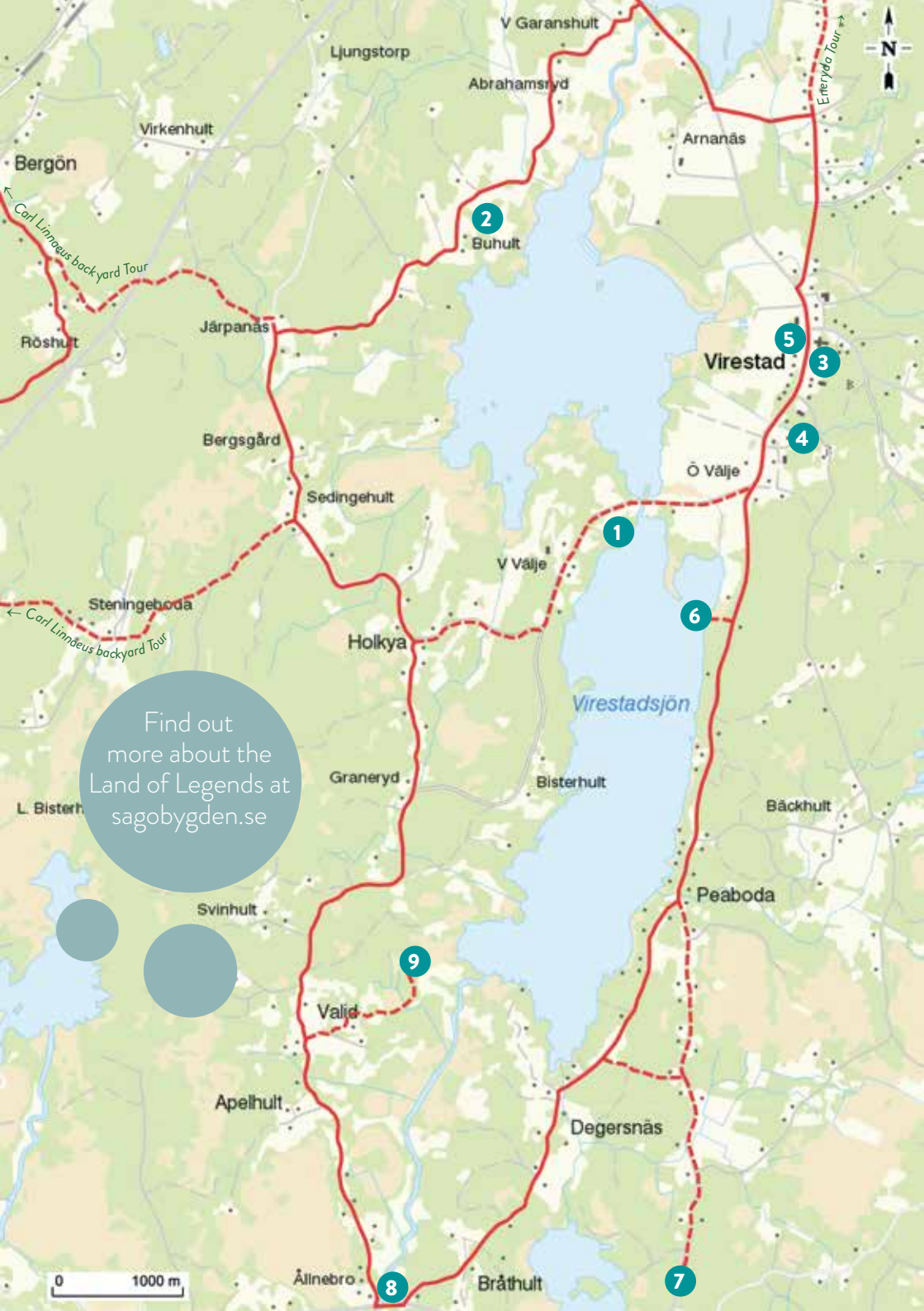
This trail takes you on a tour around the beautiful lake of Virestadssjön, with plenty of opportunities to rest and enjoy the lovely views.

The tour around Virestadssjön lake runs mostly through farmland. The lake's water level was lowered in the late 19th century to create more agricultural land, which means that the lake now has a north and a south section. Some people are grateful, as it means they can cut through the middle if they run out of energy halfway round (1). The road through Buhult (2) is gravel, but the rest of the route is on asphalt. Pehr Hörberg was born in Virestad in the 18th century. He became a renowned artist, known particularly for his altarpieces, which can still be found in many Swedish churches. You can see one of his altarpieces, the largest in the Nordic region, in Virestad church (3). Virestad also has a rural heritage museum (4)

featuring several old buildings from the parish. Stop by Langes (5) clothing store to correct your morning's choice of outfit on a chillier than expected day. Just south of Virestad lies Vålje beach and campsite (6). Cycle towards Degernäs or continue south towards Brudgummestenen (7), one of the area's many places of myth and legend. From here you need to cycle back about 2 km to rejoin the trail. In Bråthult, cycle over the river Helge Å on an old arched stone bridge (8) before continuing north. In Valid take a detour to Galgahallarna (9), a roundtrip of just over 1 km. Translating as "the Gallow Cliffs", legend has it that this was a site for executions. You'll have to do the final bit on foot.



Photo: Alexander Hall



Find out
more about the
Land of Legends at
sagobygden.se

0 1000 m



VAKÖ MARCHLANDS TOUR, 22 KM

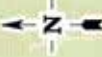
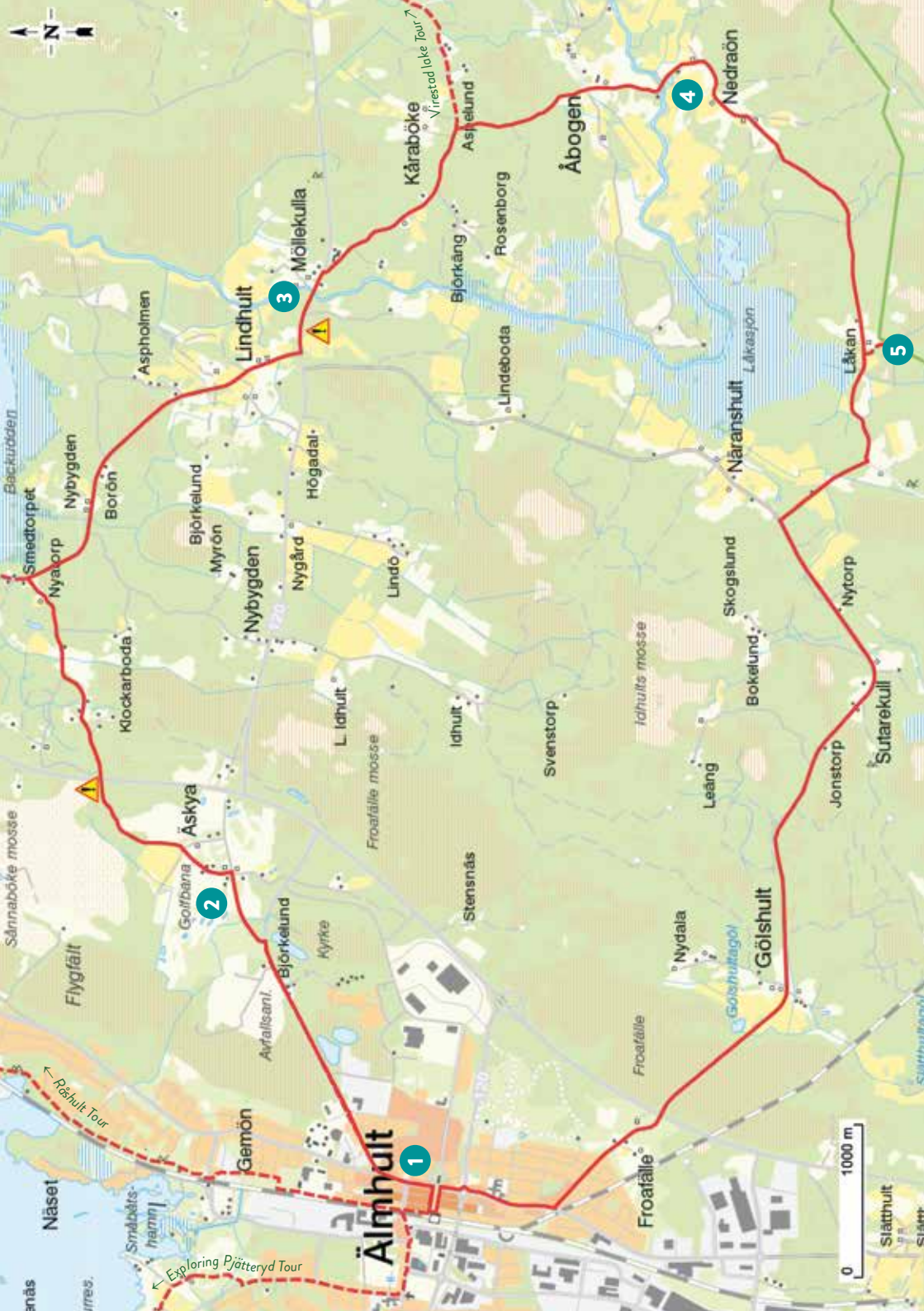
This wonderful circular cycle trail links Älmhult and Vakö Myr, a special nature reserve with a signed path and a fantastic viewpoint. Vakö Myr is one of the largest marshes of its kind in southern Sweden.



Foto: Alexander Hall

Begin in the centre of Älmhult and cycle north on Norra Esplanaden (1). Don't forget to pack a picnic, as you'll be glad of it when you reach Kullen later. Just past Älmhult golf club (2) you need to cross Road 23 with great care. The trail then winds through the Småland countryside. Note the option of combining this route with the Råshult Tour. In Möllekulla (3) and south of Åbogen (4), the trail takes

you across the Helge Å river, where you can find some great spots for a break. Otherwise, continue to Vakö Myr Nature Reserve (5), where you can park your bike and explore this marshy landscape on foot. Read more about this walk on the next page. Then continue back towards Älmhult via the meadows and forests of Sutarekull and Gölshult.



0 1000 m

Almhult

1

3

Lindhult

4

Nedraön

5

Låkan

Naranshult

Skogslund

Bokelund

Leang

Nydaia

Gölskult

Sjattshult

Svenstorp

Idhult

Stensnäs

Froafälle

Sjattshult

Kåraböke

Aspelund

Björkäng

Rosenborg

Lindeboda

Lundö

Nygård

Högsadal

Myron

L. Idhult

Froafälle mosse

Idhults mosse

Idhults mosse

Idhults mosse

Möllekulla

Aspholmen

Borön

Nybygd

Nybygd

Nybygd

Nybygd

Nybygd

Askya

Gölbarna

Avfallsanl.

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Kyrke

Smedtorpet

Nytorp

Klockarboda

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

Askya

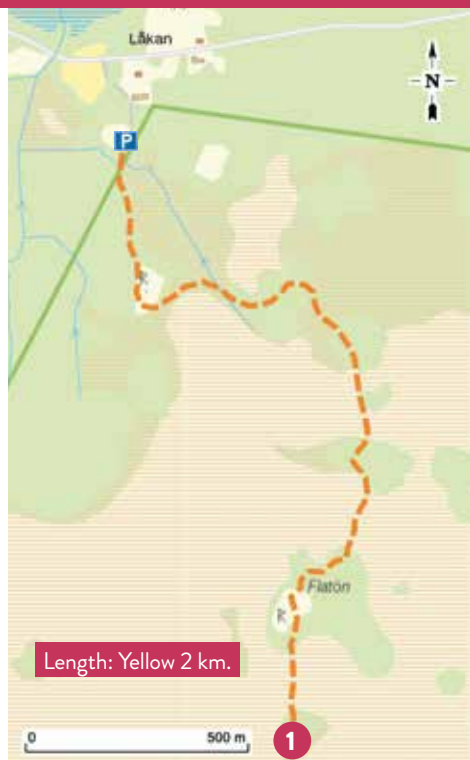
Askya</



VAKÖ MYR NATURE RESERVE

Vakö Myr is one of the largest marshes of its kind in southern Sweden. The open space covers a whole 6 km² and is unique this far south.

In the late 18th and 19th centuries, when all cultivatable land was needed for the ever-growing population, crofters colonised the three largest islands: Flatön, Lundholmen and Kullen. People lived here up until about a century ago. There are no buildings left, but you can still see traces of the foundations. People used to cut peat in the southern part of the marsh up until 1950. Many of the water-filled peat ditches can still be seen. In the summer of 1992, Vakö Myr suffered a major fire. Practically all the forest and the rest of the vegetation was destroyed. Fires help to keep the marsh open, which is good for birds such as the golden plover and black grouse. The marsh is rich with birdlife and one of Sweden's largest breeding grounds for the black grouse. Follow the marked path, 2 km, which eventually leads out to Kullen. Here you'll find a fantastic viewpoint with a panorama that is unusual in Småland (1).





SIGGABODA NATURE RESERVE AND STENSJÖÄNG

The outskirts of Älmhult municipality offer visitors virgin forest and a landscape covered with large boulders. The best way to experience this area of the countryside is by bike, but of course it's possible to park a car here too. You'll find the circular cycle route from Häradsbäck on the next page.

This dramatic nature reserve consists of virgin forest and mixed beech forest. The site still shows evidence of the impact of Cyclone Gudrun (Erwin) in 2005 on the forest in large parts of southern Sweden. Call it a monument to the forces of nature. Take care when you walk on the trails – you risk twisting your ankle on a stone, and there are also dead and falling trees.

Combine a visit to the nature reserve with Lille-Jans path at Stensjöäng (1), on the other side of the lake. This trail offers a veritable enchanted forest with exciting features along the way, such as a “forest cathedral”. There is also a gallery at the farm for art buffs. For the advanced hiker there is a longer hiking trail, Grytleden (in blue), which links to the trails in the reserve.



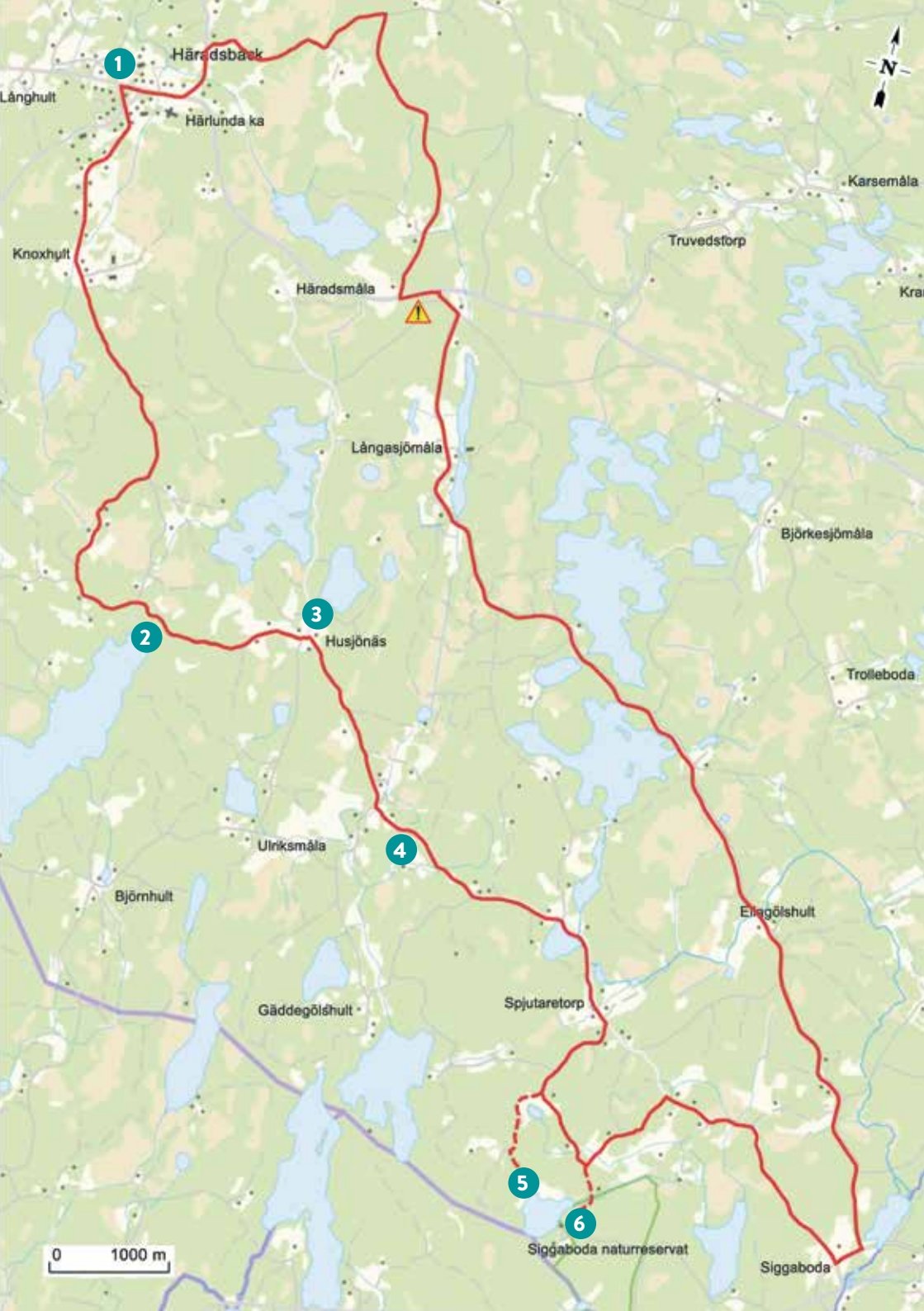
ENCHANTED FOREST TOUR, 32 KM

Cycle in this stony landscape and discover that the environments Swedish painter and illustrator John Bauer used as a backdrop for his gnomes and trolls do not only exist in fairytales. Keep an open mind on your journey and you may be pleasantly surprised.

Start in Häradsbäck (1). At Handelsboden you can stock up on energy with lunch or coffee and cakes, or buy picnic food to take with you on your journey. Cross the road and start cycling towards the silence that you will find on this trip through the outer reaches of the rural landscape surrounding Älmhult. Sandörens badplats (2) is a great place to stop for a swim on a hot day. Cycle around the old renovated barn, right at the crossroads in Husjönäs (3), and continue south. Gärdslevargens koja (4) is a legendary place where you can stop to read the story of who Gärdslevargen was and how he got his name. Imagine a family of six squeezed into the tiny cottage. Spjutaretorpsbygden is teeming with culture and peculiar natural phe-

nomena, with huge boulders that are clearly visible from the road you are cycling on. An annual art tour is organised in the area on Ascension weekend. Along the road surrounding Spjutaretorp and down towards Stensjöäng (5), surprises await in the form of creatively painted boulders. Beside Stensjöäng there is a gallery and a forest trail of around 1 kilometre that is well worth a walk. Cycle to the other side of the lake to reach Siggaboda nature reserve (6), where there are hiking trails. Proper hiking boots are a necessity in this terrain. The road back to Häradsbäck is beautiful, with glittering lakes on both sides. Take care on route 120, as you may encounter lorries there.







EXPLORING PJÄTTERYD TOUR, 38 KM

The trail leads you through traditional Småland countryside, past lakes and rivers. You can also discover some local history on two culture trails. The cycle trail is mostly on quiet asphalt and gravel roads, but some of it is on busier roads.

Begin in Älmhult and cycle towards Bökhult and Sjöstugans Camping (1). This takes you past typical Småland farms and fields (2). You can get food and ice cream at the campsite to set you up for your cycling tour. Cycle north towards Pjätteryd, then shortly head north-east towards Sjöastadbygd. Be careful with the traffic on the major road, which is used by lorries. Cycle through Hökhult Nature Reserve (3), keeping an eye out for some really old lime trees bearing signs of pollarding (an ancient way to prune trees). You can take a detour to Gustavsfors (4), which makes the round trip a total of 20 km. Runnarsköp is home to the

world's widest stone wall (5), not to be missed! The northern section of the trail takes you past Helge Å river. Once upon a time there was a lot of dancing on Björkö (6), in the middle of the river. The old arched stone bridge around 100 m downstream is also attractive. Drive past Pjätteryd, whose rural heritage association created and looks after both the culture trails. One is at Gustavsfors (7), where you'll also find superb salmon fishing waters. The other is in Jonsboda (8), read more about these on the next page. Cycle with care on the main road back to Bökhult, where a dip in the lake can make a great end to the day (1).





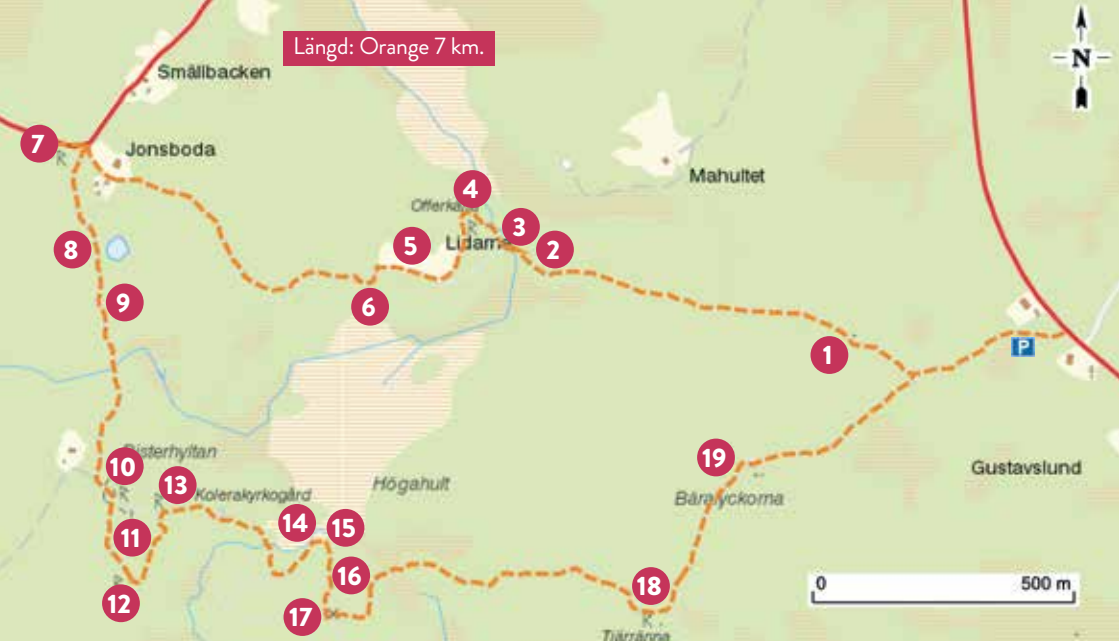


ON YESTERDAYS PATH – GUSTAVSFORS

The area of Gustavsfors lies on the Helge Å river, south of Pjätteryd, and offers a 5 km culture and walking trail. The signed route winds its way through some lovely countryside.

Old ruins from the 18th and 19th centuries have info boards about the small industries that once operated in the area. Today's Gustavsfors is internationally renowned for its fishing. Formed in 1978, Gustavsfors fishery conservation area focused on salmon and other game fish and it now attracts keen anglers from near and far. Go to ifiske.se to buy your fishing licence. Start at Gustavsfors power station (1) and follow the orange signs. This will take you past: ruins of a mill, dyeing mill and power station(2), ruin of Gustavsfors manor (3), remains of a tannery (4), ruin of a tanner's croft (5), remains of a paper mill, mill and power station (6), "Fricks" croft ruin (7), location of the original Gåaryd farm (8), ruins of Gåaryd foundry (9), Kalle Huggare's croft (10), Gustavsfors salmon fishery (11).





ON YESTERDAYS PATH – SJÖASTADBYGD

Along the 7 km walking trail you can see interesting remains of old buildings and forgotten industrial activities.

In the 19th century, difficult farming conditions made it hard for the local population in the parish of southern Pjätteryd to provide for themselves. Large families and poor harvests made it necessary to seek other ways of earning a living. The area around here was particularly known for tar and pitch production. Follow the orange signs and you'll pass: the boulders "Jättakast" and "Bloms kammare" (1), ruins of Shagga-Katrin's hill cabin (2), ruins of a watermill (3), holy well (4), stone wall, as it was built (5), charcoal

burning ground and the remains of a charcoal burner's hut (6), tar grove (7), tar pine (8), gravel pit (9), Bisterhyllan, a deserted farm with an unusual well and remains of a mattock and gun smithy (10), cattle path (11), remains of a pitch boiling oven (12), plague cemetery (13), remains of a dam and water driven roofing-shingle machine (14), Brännefalls meadow (marshy hay-field) (15), potato pit (16), ruins of "Knektatorp" (a soldier's croft) (17), fossil burn-beaten woodland (18), "Jordbäralyckan" deserted croft (19).



RÖMNINGEN LAKE TOUR, 14 KM

A signed cycle trail runs all the way around Römningen lake. People have lived in this landscape for a very long time, so there are many interesting stories attached to the area. Along the trail there are info boards that will tell you some of these anecdotes and more about local nature and history.

Cycle trail

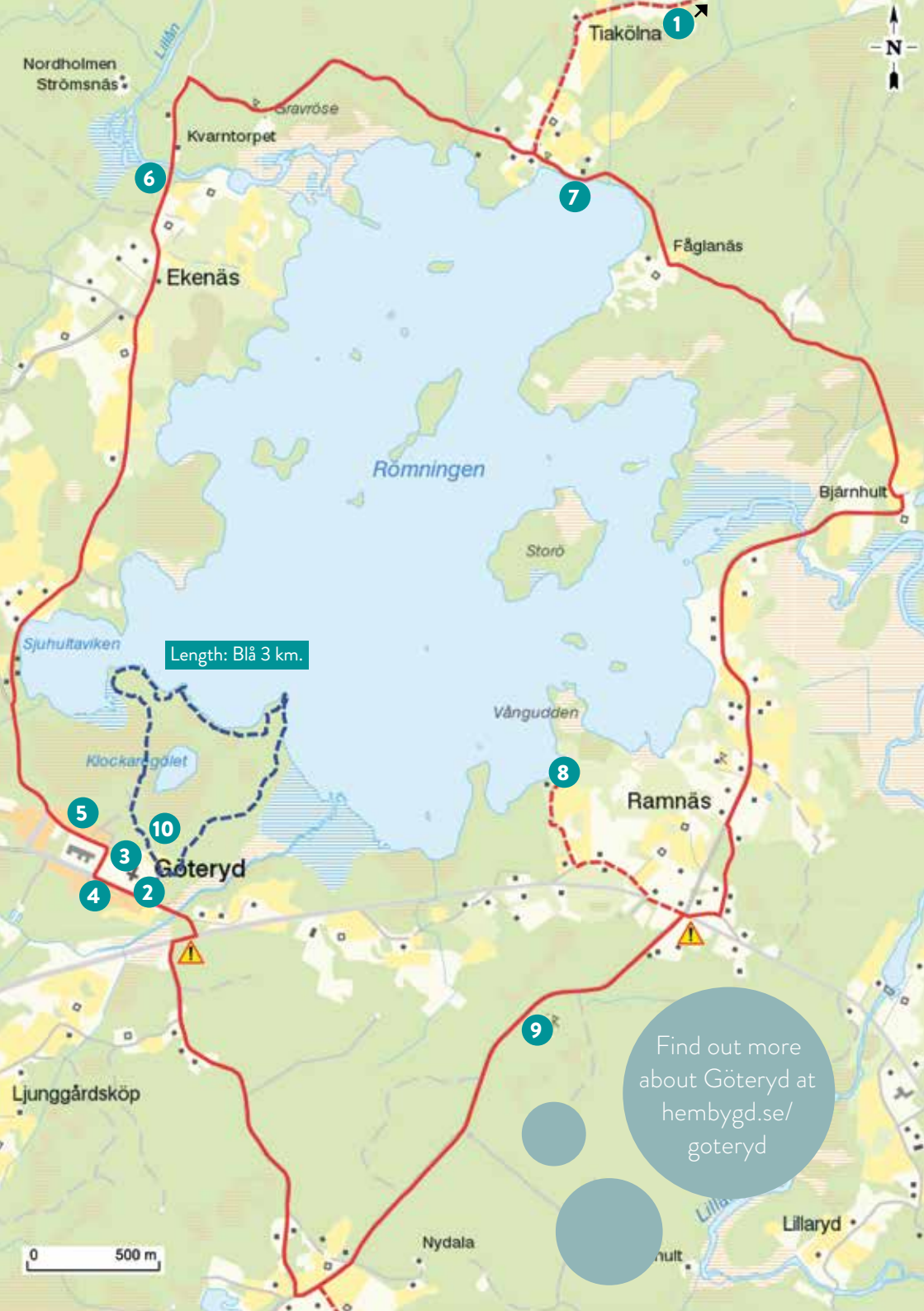
Those with energy to spare can join from the Pjätterydsrundan trail (7.5 km) (1), but otherwise you can park your car in Göteryd (2) to cycle or walk in this historically rich landscape. In Göteryd church village, you can visit the parish church (3), the craft school (4) and the rural heritage museum (5). In the village of Ekenäs you'll find the remains of an old mill pond with an eel-trap (6). In the 16th century, the Tiakölna estate was owned by the Lilliesparre family. Here the trail follows the shoreline and there are places where you can take a dip in Römningen lake (7). In Ramnäs you can take an 800 m detour from the

cycle trail to easily reach Ramnäs beach (8). South of Ramnäs is a preserved cist from the late Stone Age (9). There are many of these neolithic graves dotted around the forests and meadows surrounding the lake, but they can be a little harder to find.

Culture trail

Just east of Göteryd church, you can walk along a signed culture trail (Germund Jonaes stig) (10). Read about people and incidents from the past, why Klockaregölet is so called and what priest Germund Jonaes did in his time. The 3 km trail is an easy walk. The paths were created and are maintained by Göteryd Rural Heritage Association.





Length: Blå 3 km.

Find out more
about Göteryd at
[hembygd.se/
goteryd](http://hembygd.se/goteryd)



HISTORIC HALLARYD TOUR, 29 KM

Hallarydsrundan is an attractive trail that follows the Helge Å river, from Småland to Skåne and back. It was here that the border between Sweden and Denmark ran until 1658, when Skåne became Swedish. Note that the route can be combined with the Örsjön lake Tour on the next page.

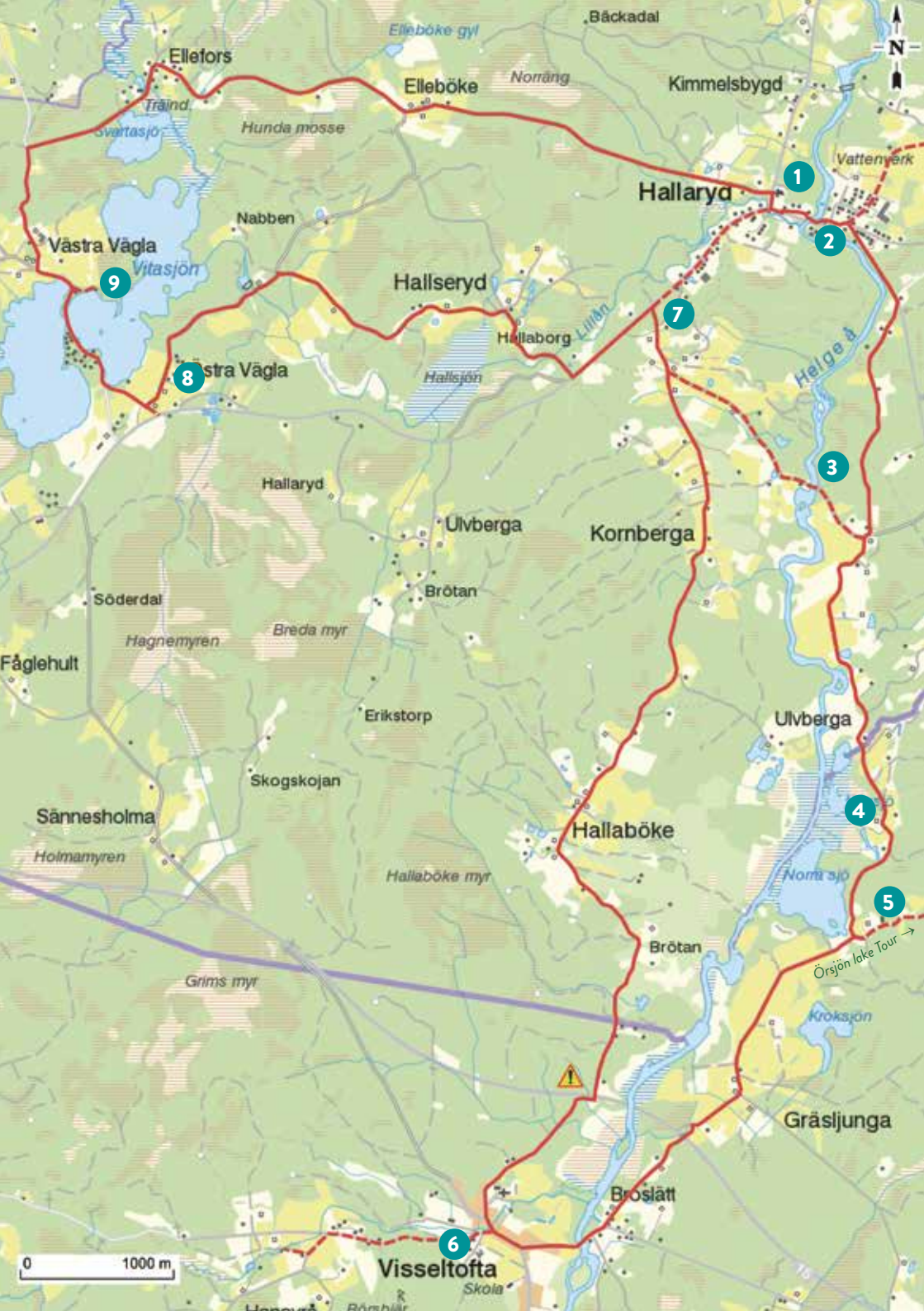
Start at the church in Hallaryd (1). Cycle east along the church wall and cross the Helge Å. After the river, but south of the road, lies Hallaryd rural heritage museum (2). This is a great spot for a picnic or a dip in the river. Then turn south towards Osby. After 400 m, turn right onto a gravel road. After just over 1 km, you can turn right to take a shortcut over the river via Kornberga mill (3). This is another good place to stop. If you want to cycle the whole trail, it's still worth a detour to see this beautiful spot. At Bejstorps Gård (4), you can hire a canoe or stop off for an ice cream.

A little further south lies Gräsljunga farm shop (5). They sell locally produced goods such as their own sheepskins. It is usually open Fridays and

Saturdays. In Visseltofta you'll cross the river once again. 300 m later you can head towards Emmaljunga to see a burial cairn from the Bronze Age.

Continue on the dotted road for around 1 km to visit Tvillingkvarnarna (The Twin Mills), a lovely place on a small river (6). Cycle back and head north from Visseltofta. Take care crossing the busy Road 15! At the crossroads (7) you can turn right to get back to Hallaryd. Turn left towards Markaryd and then Halseryd to continue on the trail. If you're interested, you can take a quick detour to the old resting stones (8). Vitasjön lake has a beach (9) with a jetty, changing rooms and a fireplace. Cycle through lovely Ellefors on the road back to Hallaryd.







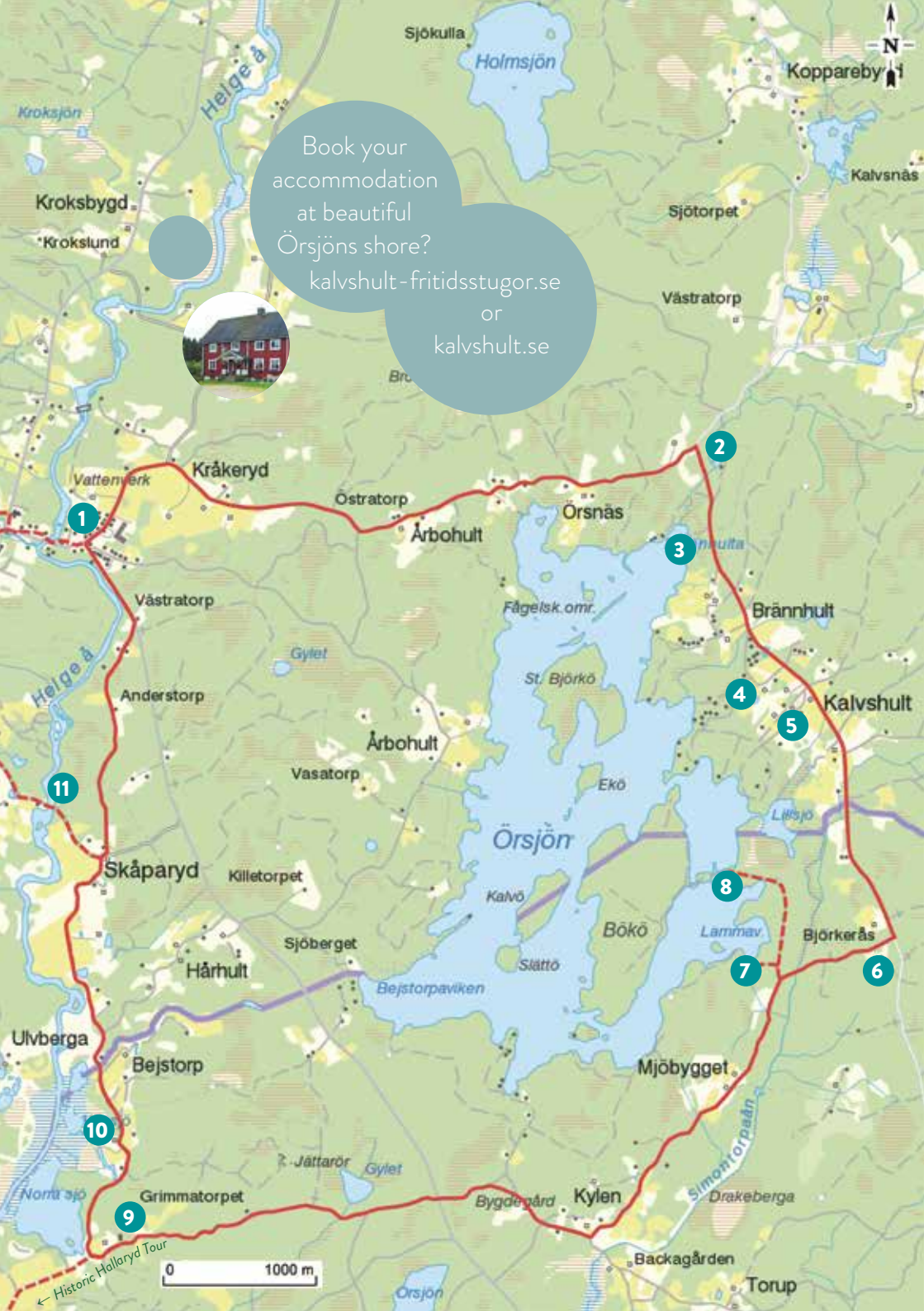
ÖRSJÖN LAKE TOUR, 20 KM

This cycle route supplements the Historic Hallaryd Tour and links the Helge Å river with one of the municipality's best fishing grounds, Örsjön lake, with several cabins available to rent on the eastern shore of the lake.

If you start in Hallaryd (1) you cycle east along Killebergsvägen. Note that the speed limit for motor vehicles is 70 km/h here, and vehicles can suddenly appear from around bends. The fields and pasture just outside Hallaryd soon transition into a genuine and extensive Småland forest. Take a right towards Kalvshult (2) onto a gravel track. You will soon get a glimpse of Örsjön lake and one of two boat launch sites by the lake (3). This bay, known as Malmlejet, is where large amounts of bog ore were mined in times gone by. The bog ore was transported to Delary works to be processed. Kalvshults Fritidsstugor (4) is a small holiday village offering cabins, immediately followed by Kalvshults Gård (5), with its adjacent cabins for hire. Both of these have boats for hire for those wishing to swap cycling for a

bit of rowing and fishing. Don't forget to buy a fishing permit via ifiske.se or from one of the two cabin providers. Turn towards Visseltofta (6) to avoid ending up in Osby, which is only 9 km away. At (7) is the second boat launch site at Örsjön lake, and those who want to cool off can swim here. For those looking for a longer excursion, (8) offers a lovely picnic area – just don't forget to take your rubbish with you! Gräslunga farm shop (9) sells locally sourced produce such as eggs, lamb sausages and honey. The stretch from here back up to Hallaryd is beautiful, and you can stop off at Bejstorps gård (10) for ice-cream and activities. Kornberga mill (11) is well worth a detour, and those wishing to cycle further can look at the previous page to see a map of Hallaryd and the Vägslasjöarna lakes.





Book your accommodation at beautiful Örsjöns shore?
kalvshult-fritidsstugor.se
or
kalvshult.se



DID YOU KNOW THERE'S A HELGE Å CANOE TRAIL?

Many of the cycle trails in this brochure cross the Helge Å river. This canoe trail is suitable for everything from one to several days of canoeing adventures.

Paddling along the Helge Å canoe trail is a great way to experience nature from a different perspective, taking you from river to lake. Ideal starting points are Vålje beach on Virestadsjön lake, Ryssby or Sjöstugans Camping in Älmhult. You can canoe both up-stream and down, but the most common finishing point is Gustavsfors, as the river gets stony and faster beyond

there. There are several canoe stops along the trail that provide water and fire-wood for canoeists who want to camp overnight. We only recommend these as suitable for overnight camping and they operate via canoe vouchers that can be purchased from the Älmhult tourist information offices and from the canoe rental companies.





Get canoeing

- Decide which part of the trail you want to canoe! A map of the trail is available from the tourist information offices, the canoe rental companies and most campsites.
- Hire a canoe and buy canoe vouchers for your planned number of overnight stays. Don't forget your canoe trail fishing licence if you want to fish for your supper.
- Pack food and a tent and enjoy this wonderful outdoor experience. Camp at the designated canoe stops and leave the environment as you found it.

Find out more and
plan your adventure at
almhult.se/upplev

RIGHT OF PUBLIC ACCESS

What you can do in the countryside:

- Walk, cycle, ride and spend time almost anywhere in the countryside. But not too close to someone's house. If you open a gate, you must close it behind you.
- Walk, cycle or ride on private roads.
- Camp for a night. But not too close to someone's house. If you want to camp for longer, you must ask the landowner.
- Swim, boat and go ashore, but not close to someone's house.
- Pick flowers, berries and mushrooms.
- You can make a fire as long as you're careful. Don't light a fire directly on a rock, as it might crack. It's best to light a fire in a specially designated spot. Fires are sometimes banned in the summer, and then it's illegal to light a fire. Learn more about this at visitalmhult.se and other sites.

What you can't do in the countryside:

- Cross plots, gardens, plantations or cultivated land, such as fields of crops.
- Light a fire in very dry weather or high winds, as the fire could spread.
- Damage trees and bushes.
- Take fruit, berries or other items growing in gardens, plantations or fields.
- Leave litter behind. Tins, bottles, plastic and other rubbish can damage animals and people.
- Hunt, disturb or injure animals. It is also prohibited to take bird's eggs or disturb an animal's den or young.
- Fish without a licence on lakes and rivers.
- Dogs must not be let loose in the countryside from 1 March – 20 August. This is when animals breed. A dog off the lead can scare and injure animals. It is best to always keep your dog on a lead in the nature.

The Right of Public Access doesn't apply in nature reserves, which have their own special rules. Read the information on site.

HOW IT WORKS!



I will stay clear of private dwellings.



I will only pitch a tent where I am permitted to.



I will not light fires on, or near, rocks or on sites where there is a risk of a fire spreading.



I will not litter.



I will not leave any signs of human waste.



I will not cause any damage to forests or countryside.



I will always close gates.



I will not pick endangered flowers.



I will stay aware of the rules that apply in protected areas.



I will keep my dog under proper control.



I will be conscious about humans and wild animals when enjoying the nature of Sweden.



I will only take a swim where it's allowed.



I will only operate a motor vehicle where permitted.



Are you aware of what you are allowed to do in Sweden's forests, mountains and countryside?
Find out more about the Outdoor Access Rights (Allemansrätten) at www.hsr.se/outdooraccessrights



ÄLMHULT TOURIST INFORMATION

Phone: +46 476 551 52

E-mail: turist@almhult.se

For current opening hours and address info
see our website

www.almhult.se/upplev

Do you have suggested improvements for this brochure? Tips and feedback are warmly welcome, e-mail: turist@almhult.se. If you have any comments or questions about the nature reserves, you can contact the County Administration Board, phone: +46 10 223 70 00, e-mail: kronoberg@lansstyrelsen.se